



The Falconer Club

Benefit

Issue 2, August 2012

Provisional 4 Men's Team

The 2012 season was always going to be tough for the Provisional 4 Men's team, with only four members of the 2011 squad returning for another season. The team started the season looking to develop teamwork in the first few rounds, a task which proved very difficult with five to six changes to the team each week for the first two months. Since then it has been a story of unfulfilled potential, with the team only showing flashes of what they are capable of, and only missing the polish to convert good play into goals. Only once have they played a game at a level you would expect from this group of players, which resulted in the only win they have for the year so far. Despite having a poor win-loss record, the guys have yet to be completely outplayed by an opposition team, with excellent defensive work keeping them in the game by stopping the opposition in their tracks on many occasions. The remainder of the 2012 season will be spent looking towards next year, bringing up some younger players to let them experience turf hockey and finding ways to retain the whole Provisional 4 squad to prepare for a big 2013 season.

Fundraising

Entertainment books:- are still available for purchasing, please contact Lisa Fanali on 0400 882 894.

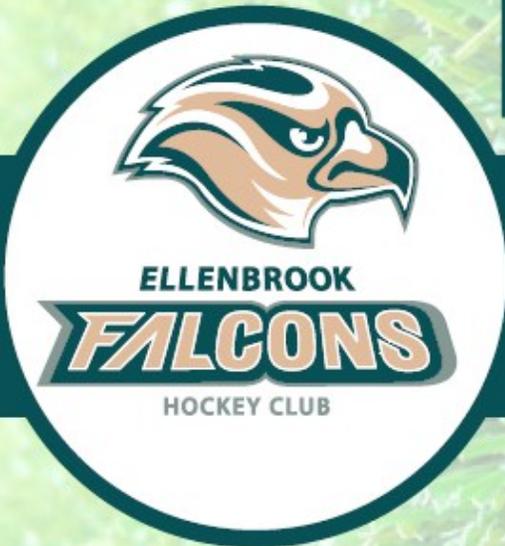
Chocolates:- Sales of chocolates have been steady and we still have more available, anyone requiring special orders or more boxes please contact Ros

London 0432202710. Please return the money from chocolate sales as quickly as possible .

Sausage Sizzle:- We will be trying to coordinate another Sausage sizzle before the next one due in September at Bunning's Malaga. The Junior's coordinator and the Junior's social team will be running it however any Senior players willing and able to help will be much appreciated.



QUIZ NIGHT



Friday 10th Aug
7.00 - 10.00pm

First questions at 7.30 sharp

8 rounds of general trivia
with a hockey twist!

Where: Ellen Stirling
Primary School -
entrance off
Westgrove Drive

\$12 per
person

Table Games
Silent Auctions
Raffles

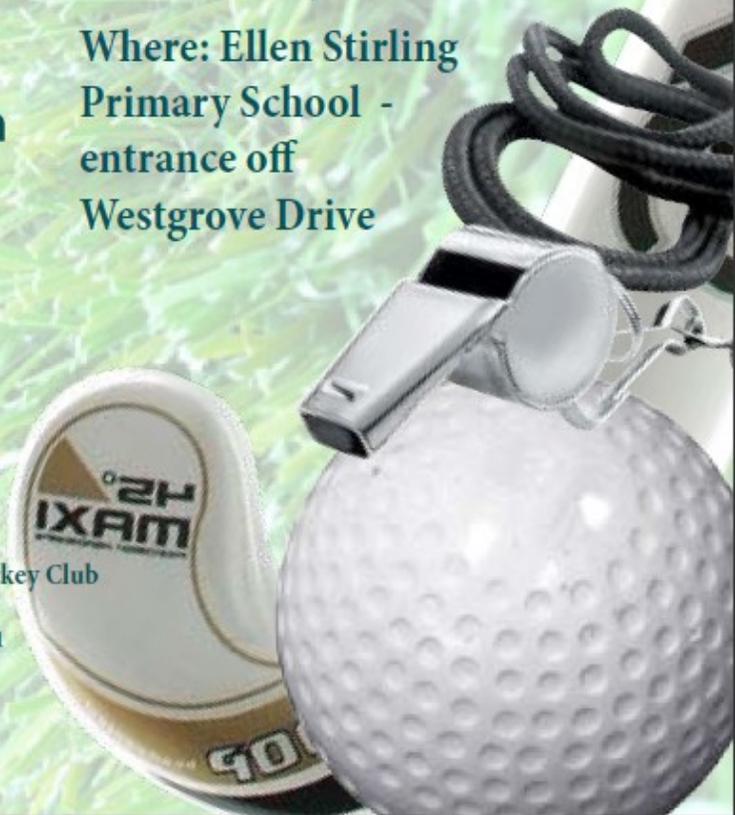
Tables of 8
Light table snacks included
Drinks available at the bar

Fundraiser for Ellenbrook Falcons Hockey Club

contact: falconquiz@iinet.net.au

0439 967 270

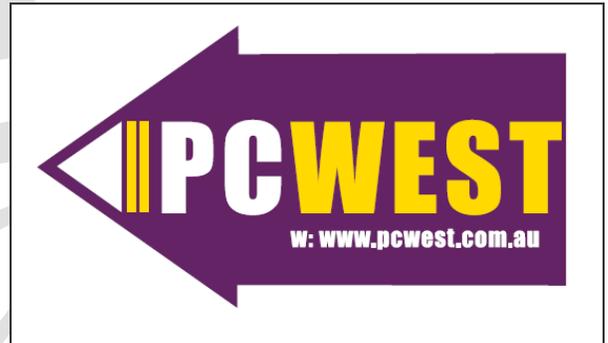
www.ellenbrook.org





Thank you to the following people who have kindly donated items for the quiz night.

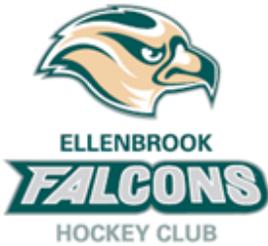
- STILH Malaga
- Ryan Campbell Sports Malaga
- Beyond Tools Malaga
- Sleeprite of Malaga
- Affordable Tiles of Malaga
- Cookies and More of Malaga
- Dymocks of Ellenbrook
- EB Games of Ellenbrook
- Online Pet Supplies
- Soils R Us Ellenbrook
- Play Cafe in Ellenbrook
- Pulse Sport of Ellenbrook
- 2 Glo Hair and Beauty
- The Dome
- IGA of Woodlake
- The Lolly Stop of Whiteman Park
- Liquorland
- Noni B
- Barber Ann Ellenbrook
- Cut n Curl Family Hairdressing
- Ellenbrook Nails and Beauty
- Cue Corner
- Ellenbrook Dry Cleaners
- The Brook
- Auto One Ellenbrook
- PC West
- Ellenbrook Party Shop
- Angel Flowers Florist
- Chemmart Pharmacy Woodlake
- Oscars Restaurant
- WTM of Ellenbrook (Waxing, Tanning & Makeup)



FANTASTIC OFFER!!

Anyone who mentions seeing the PC West add in the Falconer Newsletter will receive a booming **20% OFF** any service or repairs cost.





Club Benefit

Introducing the CLUB BENEFIT...How it works?

For every new, used or demo vehicle purchased from Melville Toyota by a member of your club (or their family and friends), Melville Toyota will donate \$300 to the Individual club.

Why is it different?

Unlike previous offers, club members (or their family and friends) will not have to disclose the offer at the time of purchase instead they will have 30 days to submit the online registration form. So no matter how you negotiate your deal, you can be assured that your \$300 Club Benefit is over and above the negotiated price.

Still need some convincing?

Hockey WA will be raffling a brand new Toyota Yaris to affiliated clubs at the end of the season. All the club has to do to get an entry into the draw is register five sales through the Club Benefit program. The winner will be announced on the Melville Toyota League grand final day.

Where do I go?

Melville Toyota is located on the corner of Leach Highway and North Lake Road in Melville or visit www.melvilletoyota.com.au to see the latest specials. Registration Form [HERE](#) For any further information about the Club Benefit, please email clubB@melvilletoyota.com.au or visit the dealer direct.

Kind Regards

Kate Main | Marketing Manager

PO Box 1090, BENTLEY MDC, WA 6983

(t) 08 9351 4313 | (f) 08 9458 5524





Introduction to the Rules of Hockey 2007-2008

The Rules of Hockey are issued by the Hockey Rules Board under the authority of the International Hockey Federation who holds the copyright. This document is summary of the Rules of Hockey and is designed to act as an introduction to, and overview of, many of the rules. Please click on the links below for more information about specific rules.

- [What is hockey?](#)
- [Match duration and results](#)
- [The field of play](#)
- [Teams and positions](#)
- [The stick and ball](#)
- [Using the body](#)
- [Ball in the air](#)
- [Scoring goals](#)
- [More information](#)

What is hockey?

Hockey, or field hockey, as it is known in some parts of the world, is a team game played with a stick and a ball. It is most often played on grass fields or on synthetic surfaces.

Match duration and results

A hockey match consists of two periods of 35 minutes and a half time interval of five minutes. Often junior hockey matches are shorter than this.

Both halves of a match begin with a centre pass taken alternately by the two teams. At the centre pass all players must be in their team's defensive half of the field and the ball can be played in any direction.

The objective of a match is for teams to score more goals than their opponents. After a goal is scored the game is restarted by the team who has conceded the goal taking a centre pass from the half-line, as per the start of each half of the game.

If no goals are scored during a match, or if both teams score an equal number of goals, the match is drawn. In some competitions where a match is drawn there may be extra-time or a penalty stroke competition to decide the winner.

The field of play

The field of play is rectangular, being 91.40 metres long and 55.00 metres wide. The two goals at either end of the field are 3.66 metres wide by 2.14 metres high.

Teams and positions

Both teams can have a maximum of 11 players take part in play at any time during a match with one player required to be appointed as captain and wear an arm band to denote this.

Players are usually separated into four groups depending on their playing position. These groups are a goalkeeper, defenders, midfielders and forwards (or attackers).



Teams have three options when deciding on playing with or without a goalkeeper. Each team may play with:

1. a goalkeeper with goalkeeping privileges wearing full protective equipment comprised of at least headgear, leg guards and kickers and a different colour shirt; or,
2. a goalkeeper with goalkeeping privileges wearing only protective headgear and a different colour shirt; or,
3. only field players and no player with goalkeeping privileges and therefore no player wearing protective headgear or different colour shirt.

N.B. A team may change between these options by making a substitution.

Each team can use substitutes and these players can be interchanged an unlimited number of times from a point near the half-line. Players can not be substituted during a penalty corner. Time is only stopped for the substitution of goalkeepers wearing full protective equipment and goalkeepers can interchange from a point near the goal they are defending.

The stick and ball

All hockey sticks are held right handed, usually that is with the left hand at the top of the handle of stick and the right hand below this. The ball can then be controlled, pushed and hit with the stick.

The head of a hockey stick has a rounded side (the right-hand side or 'back' of the stick) and a flat side (the left-hand side or 'front' of the stick). The ball can only be played with the flat (front) side of the stick, and its edges, and not with the rounded (back) side.

A hockey ball is hard, spherical and white (or another agreed colour) and has a circumference of between 224–235 mm and weighs between 156–163 grams. The balls that are used for most games of hockey usually have small dimple indentations on the surface similar to a golf ball.

For more information regarding the playing area, sticks, balls and goalkeepers equipment for hockey please consult the Field and Equipment Specifications section of the Rules of Hockey 2007-2008.

Using the body

Field players are not allowed to use their feet (or any other parts of their bodies) to voluntarily play the ball.

Goalkeepers are allowed to use their feet, and other parts of their body, to play the ball. To be considered a goalkeeper and afforded the full privileges of a goalkeeper, a player must wear at least a helmet (except when taking a stroke) and a different coloured shirt to all other players at all times. Goalkeepers are also recommended to wear all other protective equipment including body, arm, hand and thigh protectors, leg guards and kickers.

All players are not allowed to use their body, or stick, to obstruct an opponent from playing the ball.



Ball in the air

During general play the ball can be raised into the air as long as it is not dangerous, or does not lead to danger being created. A player will be penalised if they lift the ball from the playing surface in a way which is dangerous to another player. The ball must also not be raised intentionally from any hits, whether in general play or at a free hit, with the exception of shots at goal, which may be raised.

When the ball is in the air a player must not play it if it is above shoulder height, but a defender (including the goalkeeper) can use their stick at any height to save a shot at goal. Shots at goal can be raised as this is often an effective way of scoring.

Scoring goals

A goal is scored when the ball is played within the circle by an attacker and does not travel outside the circle before passing completely over the goal-line and under the cross-bar. The three ways to score a goal in hockey are a field goal, a penalty corner or a penalty stroke.

Field goal

A field goal is a goal scored from open continuous play. If an attacker hits or pushes the ball from outside the circle and it goes directly into the goal, or is only touched by a defenders stick on the way into the goal, it does not count as a goal.

Penalty corner

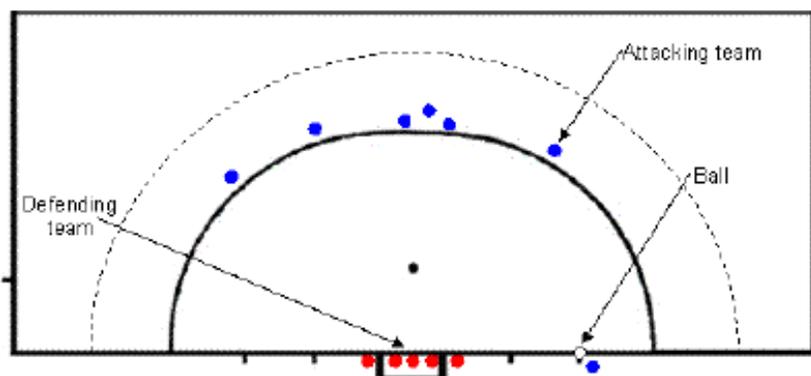
Why are penalty corners awarded?

A penalty corner is awarded to the attacking team for certain offences by the defending team inside the defensive circle and/or their defensive 23 metre area.

Where are players positioned during a penalty corner?

When the push-in is taken all attackers must be outside the circle and a maximum of five defenders (including the goalkeeper) may be behind the goal line and can not cross the goal line until the attacker begins pushing the ball in.

The remaining defenders must be positioned beyond the centre line and can not cross the centre line until the attacker begins pushing the ball in. For an example of how both teams might position their players for a penalty corner please see the diagram below.





How is a penalty corner taken?

Penalty corners are taken from a point marked on the back-line at least 10 metres from either goal post. One attacking player, who must have at least one foot outside the field (behind the back line), pushes or hits the ball to a team-mate outside the circle. This is often referred to as the 'push-in'.

How do you score from a penalty corner?

No shot at goal is permitted until the ball has travelled outside the circle. If the first shot at goal is a hit (as opposed to a push, flick or scoop) the ball must cross the goal-line at a height of not more than 460mm i.e. the height of the back-board of the goal. If the first shot at goal is a push, flick or scoop then the ball can cross the goal-line at any height, as long as it is not dangerous.

If during a penalty corner the ball travels further than five metres outside the circle (the dotted arc around the circle) then the rules of a penalty corner no longer apply and a field goal can be scored.

Penalty stroke

Why are penalty strokes awarded?

A penalty stroke is awarded for certain serious offences committed inside the circle by the defending team.

Where are players positioned during a penalty stroke?

All players other than the attacker taking the stroke and the player defending the stroke must stand outside of the 23 metre area.

How is a penalty stroke taken?

Penalty strokes are taken by a player on the attacking team from the penalty spot, 6.40 metres in front of the goal. They are defended by the opposing team's goalkeeper or field player who may wear a protective face mask but can only save the ball with his/her stick. Match time is stopped when a penalty stroke is being taken.

How do you score from a penalty stroke?

Penalty strokes must be only pushed, flicked or scooped and not hit. The ball cross the goal-line at any height.

More information

To purchase your copy of the FIH Rules of Hockey 2007/2008 from Hockey Australia please click [here](#).

For more information on Hockey Australia's coach and umpire accreditation training program, HockeyEd, please click [here](#).

A good hockey player plays where the ball is. A great hockey player plays where the ball is going to be.

Kids Corner



SPELLBOUND



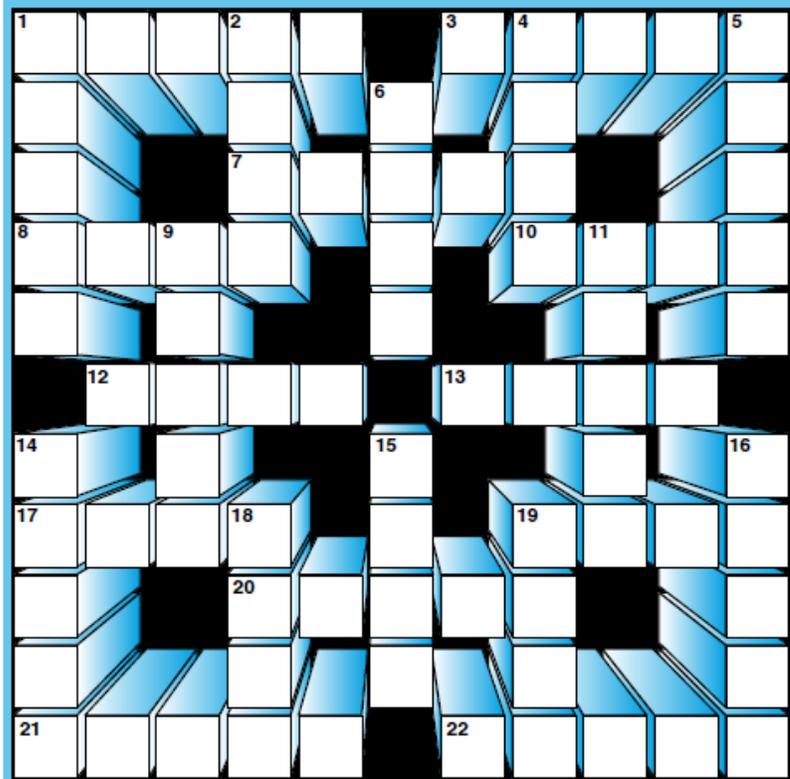
ACROSS

1. A large vehicle for carrying goods (5)
3. To stop a car the driver puts her foot on this (5)
7. You can listen to different stations on the car ... (5)
8. You have two of these to walk on (4)
10. The number of wheels on a family car (4)
12. Sound the car horn (4)
13. On a highway cars have to drive in one of these marked areas (4)
17. Food cans (4)
19. Another word for a journey (4)
20. A car with an engine booster is described as ... powered (5)
21. Cars fill up with fuel at the petrol ... (5)
22. A slippery creature without legs that slithers along the ground (5)

DOWN

1. Mechanic's equipment (5)
2. Family vehicles (4)
4. The top of a house (4)
5. The way in (5)
6. Another word for border or brink (4)
9. The colour of a traffic light when it is safe to go (5)
11. A person who owns something (5)
14. A hill with a very sharp slope is a ... hill (5)
15. The driver uses the flashing indicator lights when he is going to ... a corner (4)
16. When a tyre has a puncture you have to get out the ... tyre (5)
18. You have to do this at a red light (4)
19. An area with houses, schools, shops and offices where people live and work (4)

Have a go at this crossword using the words listed below the grid. If you want to make it harder you can cover up the words.

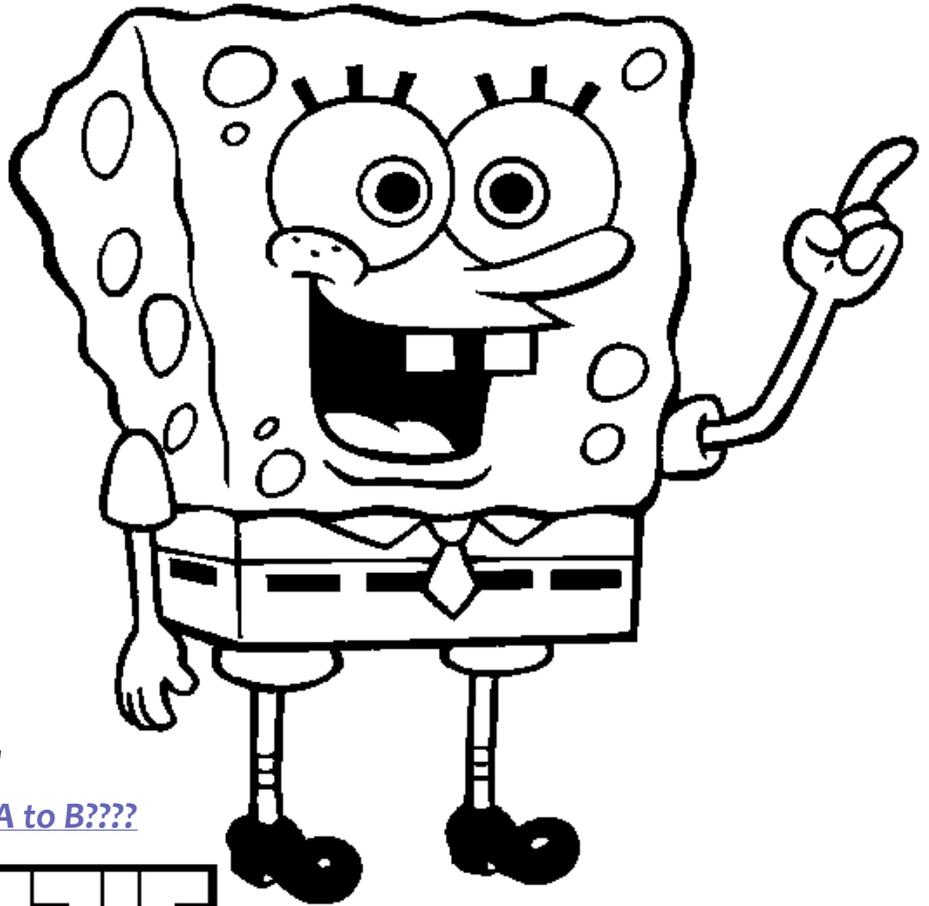
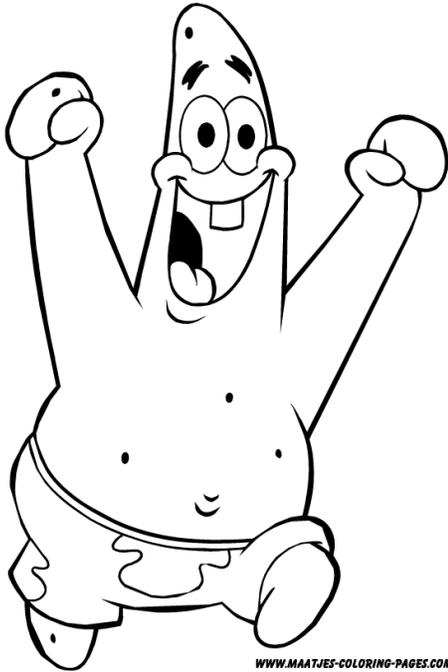


★ WORD LIST ★

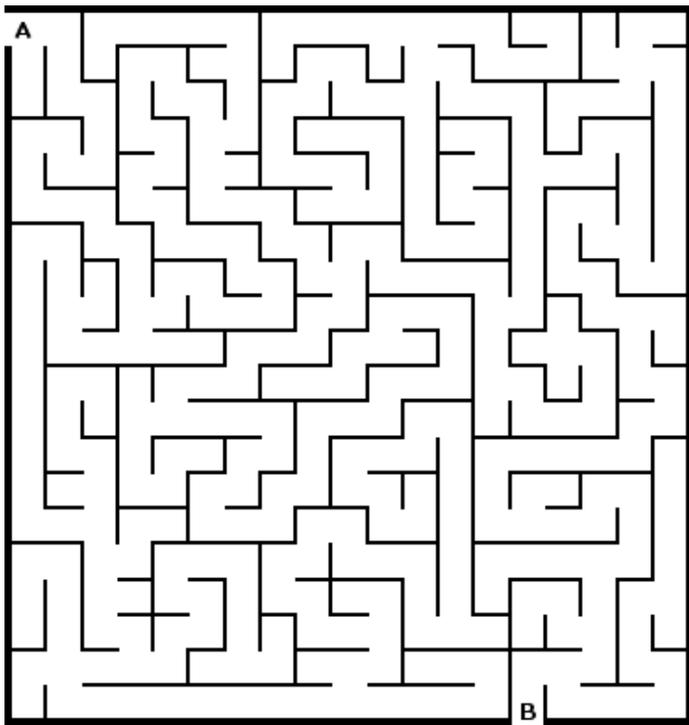
BEEP	GREEN	ROOF	TOOLS
BRAKE	LANE	SNAKE	TOWN
CARS	LEGS	SPARE	TRIP
EDGE	OWNER	STEEP	TRUCK
ENTRY	PUMPS	STOP	TURBO
FOUR	RADIO	TINS	TURN



COLOUR ME IN



Can you find your way from A to B????



GO FALCONS





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Email: accounts@slwtransport.com

ABN: 63 147 163 273

Shane and Leanne Willcox started SLW Trans in May 2008 transporting containers off the wharf in Fremantle for an international importer then the Financial crash came in 2009 China and USA economy fell to record lows causing imports to fall. We then shifted our focus to the northwest working in the oil and gas transporting steel pipes for the Dampier to Bunbury natural gas line which went for about 8 months when that finished we then started transporting to mine sites through 2 major companies. Leanne and I then moved from a partnership to a company in 2010 and SLW Transport Pty Ltd was born. We now have strong relationships with 4 major companies supplying Transport solutions in the oil and gas with the Gorgon gas project servicing Barrow Island, Mineral Resource sector within Western Australia and the building and construction industry around Perth city and outer suburbs. We are at present looking to purchase a depot to start the next phase for SLW Transport Pty Ltd. Leanne manages our office with part-time help from our oldest daughter Keri and I direct all operations. We now have 6 of our own Trucks and 7 sub-contractors after we started with just 1 truck in 2008. To achieve where we are today Leanne and myself both burning the midnight oil, we owe thanks to our treasured customers, our 6 drivers and 7 sub-contractors working for SLW Transport. We now look forward to our association and the supporting of the ELLENBROOK FALCONS. Regards Shane Willcox Director of Operations

If you know someone who may be keen or your place of employment may be interested in some form of sponsorship for our Junior Teams, please contact Penny Carman our

Junior Coordinator via email on clinton.carman@bigpond.com





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NATIONAL BREAST CANCER FOUNDATION
DIAMOND PARTNER

The club has a new sponsor for its Hook in2 Hockey Program

Lisa & Bryan Slater at The Professionals Granger Clark. With their office on Main Street in Ellenbrook, they are right in the middle of town. Besides their direct support of the club through their sponsorship agreement, they are also offering a special deal to all Falcons members and their immediate families. Whenever someone from the club closes a deal to sell or lease out a property with Lisa and Bryan, the club will receive \$250 and the individual will also receive a discount on the agent fees. Support the club and help yourself out a bit at the same time!

PRESIDIUM IT

HOCKEY INTERNATIONAL

Woodlake Village Chemmart® Pharmacy
Shop 5/20 Sunray Circle, Ellenbrook Western Australia 6069 Australia

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F: 08 9296 8078
E: woodlakepharmacy@bigpond.com

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