



ELLENBROOK FALCONS HOCKEY CLUB

IN THIS ISSUE

President's Report

Time has moved quickly and we are already halfway through our third season. We have added another junior team this year to continue our growth. Next year should see at least one more junior and one more senior team added to the club as well.

On the field, we have the Men's 1s, Ladies' 2s and J7/8C Boys are all at the top ends of their respective ladders and hopefully at least one of them will be able to bring home a pennant or two. Within our teams, numbers are increasing and we have a lot of new players to the sport in juniors, both at the younger and older ends.

We have also had two of our girls make the U/13 regionals team, so a big congratulations for Stefani Ameduri and Angelique Alberts. Angelique is 100% home grown, as she has played all of her hockey under an Ellenbrook coach. Hopefully she will be the first of many juniors to come from the ranks of the Falcons juniors. Sheydn made the U/15 regional team to make it three players from the club involved in regionals, which is a fantastic result. Congratulations also to all players who were nominated and didn't make the final team, as just being nominated is an achievement.

Off the field, we have a number of things coming up, including the quiz night and the Great Southern Carnival for the seniors. Please support the club and the hard work put in by the organisers by coming down to the Quiz Night. There will be lots going on and it should also help raise funds for the club.

One of our goals for the remainder of this season is to try and get as many volunteer positions like team managers locked in, so that everything is ready to go from the beginning of next year. Please think seriously about helping out with the club in some way. Even a small amount adds up across the club and helps make it a better place to be.

Alan

- Great Southern Carnival
- Hook in2 Hockey
- Updates from the teams
- Sponsors

And so much more.....



A BIG CONGRATULATIONS to the J5/6 girls coach Jami and his wife Michelle, on the safe arrival of their new daughter Ella Irene Pini. We wish them both well, on their new journey to parenthood.

QUIZ NIGHT

Friday 5th of July

Location: Ellen Stirling Primary School
23 Strathmore Parkway Ellenbrook

Price: \$12 a ticket, Tables of 8

Time: 7pm start
Questions start promptly at 7.30pm

BYO Nibbles, Bar Available
Silent Auction, Raffle, Door Prizes

www.ellenbrookhockey.org

Tickets available from a committee member or email Penny at the below address.

clinton.carman@bigpond.com

JUNIOR HOCKEY

The year has started out well, with Ellenbrook fielding a J11/12 girls' team, a J7/8 boys' team, and a J5/6 girls and boys team. Along with a good number of children in the Hook in2 Hockey program. All teams this year have been playing fixtures of one game at home in Ellenbrook and one game away. This has been great to see so much junior hockey played in Ellenbrook at one time.

A big thank you to **CLEANSKINS CAR WASH**, Comserv Loop in Ellenbrook, (next to soils r us) where you can wash your pet and wash or vacuum your car, for their generous support for the quiz night.

A big thank you to the following people who have so far donated items for the quiz night..

- Thirsty Camel of Aveley.
- Civic Video of Aveley.
- The Professionals.
- AMF Bowling in Joondalup.
- Cut n Curl Family Hairdressing.
- Noni B.
- The Lolly Stop of Whiteman Park.
- Online Pet Supplies.
- EB games of Ellenbrook.
- Swan Valley Oasis Resort.
- Muffin Break in Ellenbrook.
- Oasis Adventure Putt *SUPA GOLF*
- Bakers Delight of Ellenbrook
- Brumby's of Ellenbrook
- Gloria Jeans of Ellenbrook
- Bike Force in Ellenbrook
- Liquorland in Ellenbrook
- Let's Play Centre in Ellenbrook
- 2glo Hair and Beauty in Ellenbrook
- Ellenbrook Dry Cleaners
- Masters
- Dymocks
- Chemmart Pharmacy of Woodlake
- Cue Corner
- Margaret River Chocolate Factory
- Liquorland
- Ellenbrook Nails and Beauty
- McDonalds
- Hockey International
- Just Hockey

Mid-Year Team Reports

Hook in2 Hockey

With the Hockey season half way through and a great group of children ranging from preschool to year 4 we have had a fun and wining start to the season.

Joining the competition that is run by Whitfords and includes Joondalup has seen the children play games at home in Ellenbrook as well as away.

We have won a few games with a couple draws and a few losses but as we know hockey at this age is mostly about keeping things fun and trying to build team spirit and good sportsmanship.

A big thanks to all of the parents for their help and support. It is good to see and hear all the cheering from the sidelines and I am sure the children feel very encouraged by this.

Training on a Tuesday evening has seen a great improvement since the start of the year with a few players taking up hockey for the first time and showing a great deal of dedication and interest to raise their skill levels.

I look forward to the rest of the season and the improvements that I am sure will come with a great group of kids.

Mark Haslam (Bucks)

Hook in 2 Hockey Coach

Metro 2 Ladies

After a 1 – 0 closely fought defeat in the first game of the season; the Ellenbrook Ladies in the Metro 2 Black Division came into the second game with a strong determination and attitude to win. Their willingness to train and play hard has continued throughout the next 7 games with them being undefeated.

With a few extra players in the team this season some of our regular players have had opportunities to move up to the Provisional 3 Ladies team, this however has not affected the way the grass team has played, the team spirit has been strong and they have continued to work hard to consolidate their wins.

At the commencement of Round 2 the Ellenbrook Metro 2 Ladies team was on top of the ladder with a 1 point lead.

The first game of Round 2 they faced the only team to have defeated them in the season so far (Sub Lions). Going into this game I as their coach could only imagine how they might be feeling.

Some of the stronger regular players had been called to play in the Provisional 3 Ladies team including an integral member of the defense.

The ladies started the game with the same passion they have played with in every game but at half time they were 1 - 0 down. A half time team rally and coach pep talk seemed to re-ignite the determination that they had shown in their previous wins. They ran faster and played harder and tied the game with a goal scored from a short corner, but these ladies were not done yet. The game progressed with no change in the score, the Ladies were getting tired from all the hard running but it was apparent they still had the desire to finish as the winning team. At 7 minutes until full time the Ellenbrook Ladies finally prevailed putting away their second and winning goal.

This is my first season as coach of this hard working, great spirited team. Their spirit became apparent when they had a winning run at the end of last season. There haven't been too many changes to the line-up of the team with a only a few new players adding depth to the ranks, however it is the solidarity displayed by attending training and adding the drills from training to the game that have made this group of ladies a force to be reckoned with.

Now I haven't been in hockey long enough to be a great skills coach, but these are seasoned players who only needed some support, guidance and someone cheering them on from the sidelines. This team has worked really hard this season and I am confident that we will see these ladies playing finals hockey later this season.

Matt London

Coach – Metro 2 Ladies

Ellenbrook Men's third side

An encouraging season this year, that sees the side competitive within the grade. The team has started the year strongly and was well located in the four with the capacity to finish in the finals at the end of the first round.

A run of away games has seen the side playing short and this makes it very hard for the group of dedicated players to keep coming up with the results against some overwhelming odds.

To finish off the season we need to ensure that we field a full side each week and not only beat all of the teams below us, but also chip out a couple of solid wins against Kwinana and Joondalup.

We have proven that all of the teams in this grade are beatable and we are the unknown capacity in the grade. So come on guys lets finish off the season strongly and really put Ellenbrook on the hockey map.

Mark Whyte.

Men's Provisional 4 Mid-Season Report

Once again the Men's 2's returned to the new season as a new look team with plenty of inexperience and youth mixed with the experienced senior players. The season started with many of the group having never played together before and little pre-season work under their belts. But despite the lack of preparation, the 2013 season started well. The boys came away with a draw, a close loss and 2 wins, and after four rounds, the team had already matched the results of the whole 2012 season. But with a completely new and young midfield group, along with injuries to key members of the team, it was going to be a tough proposition to take it to the top teams in the grade for the whole season week in and week out, and it has proved to be the case so far. At the halfway point of the season we sit seventh on the ladder, just one win outside the top four.

The second half of the season will prove to be a major test for the boys, so now it's up to everyone to do the hard work on and off the field during the next nine rounds and earn that spot in the top four and with our best hockey still ahead of us, I'm sure the boys will be able to step up to the challenge and have a good effort at making finals.

"A good Hockey player plays where the ball is. A great Hockey player plays where the ball is going to be" Wayne Gretzky

Great Southern Carnival

The carnival this year is in Gnowangerup on the 13th and 14th of July and promises to be a great weekend for all those that decide to join our travels as a club down to this great location. We are putting in a ladies and men's team this year with the hope of playing well and having a great time. If you are interested in joining us contact Mark Haslam (Bucks) at one of our training sessions as soon as you can as transport can be provided if needed. The cost of the weekend will be just over \$100 plus food and drinks or so but the club bonding and enjoyment will be priceless.

Look to the next club newsletter for results and hopefully a few player write ups on how the weekend was enjoyed by all.

Mark Haslam (Bucks)

Welcome aboard!!

THEBROOKBARANDBISTRO.COM.AU



The Brook Bar and Bistro is proud to support the Ellenbrook Falcons Hockey Club in 2013. We invite all Falcons, their friends & family, to join The Brook's Birthday Club.

JOIN TODAY TO RECEIVE:

- A free meal & drink in The Brook Bistro on your birthday (with a valid email address)
- Exclusive Members Only deals & specials
- And...



You'll be the first to know what's happening at The Brook

sign up on our website
under the 'Members' tab

Looking forward to a successful partnership in 2013 & beyond!

The Brook bar and bistro in Ellenbrook have come on board as a sponsor this year. They are providing one dinner voucher per team per week, for a player of the match. Each of these vouchers are only valid for a small period of time (a month or two). Each voucher is specifically numbered, so they can be tracked by The Brook. If you have no intention of using it, please don't hesitate to pass it on to someone who may. All players and parents of players may join their birthday club to receive free specials on their birthday.

WA Hockey has the program available for all of the rounds of junior hockey. The link below will get you onto the site to check your child's program. Once you have clicked on the link below, WA Hockey's Website will pop up. You can access the program in two ways. The first way is to; "click on the left side" on "clubs" and scroll down and click on "Ellenbrook hockey Club", and this will bring up all the clubs teams. Or alternatively in the competitions section (on the right) scroll down till you find your child's grade.

J11/12 B girls.

J7/8 C Boys.

J5/6 Regional Black boys or girls.

<https://sportsdesq.imgstg.com/portal/index.cfm?fuseaction=main&OrgID=10874>

Charlie Gregorini Reserve

When parking at Charlie Gregorini Reserve for our home games. Can you please not park right in front of the ground (next to the pool); this is apparently a privately owned car park by them. If players from our club could park in the car park next to it (the one next to the water park), that would be appreciated.

Thanks Again

*Penny Carman
Junior Coordinator
Ellenbrook Hockey Club*

Thank you to our sponsors

If you know someone who may be keen or your place of employment may be interested in some form of sponsorship for our Junior Teams, please contact Penny Carman our Junior Coordinator on clinton.carman@bigpond.com

Bronze Sponsors

AQUASOL
Water Treatment Solutions

Silver Sponsors

Happily supported by

bankwest



Bankwest have come onboard as a Silver Sponsor for the J5/6 Boys for 2013.

Silver Sponsors



Lisa & Bryan Slater

Professionals by name, Professionals by nature

Professionals
granger clark real estate

Ph 0416 035 342 • Office 9249 6888
lisaandbryan@grangerclark.com.au • grangerclark.com.au

NATIONAL BREAST CANCER FOUNDATION
DIAMOND PARTNER

The club has retained the Professionals as our sponsor for the Hook in2 Hockey Program for 2013.

Lisa & Bryan Slater at the Professionals Granger Clark, located at the Woodlake Shops in Woodlake. Besides their direct support of the club through their sponsorship agreement, they are also offering a special deal to all Falcons members and their immediate families. Whenever someone from the club closes a deal to sell or lease out a property with Lisa and Bryan, the club will receive \$250 and the individual will also receive a discount on the agent fees. Support the club and help yourself out a bit at the same time!



the good times keep flowing at The Brook

11 Main St, Ellenbrook WA 6069

PO BOX 2228, Ellenbrook WA 6069

PH: 08 6296 5699 FAX: 08 6296 5611

M: 0409 677 447

www.thebrookbarandbistro.com.au

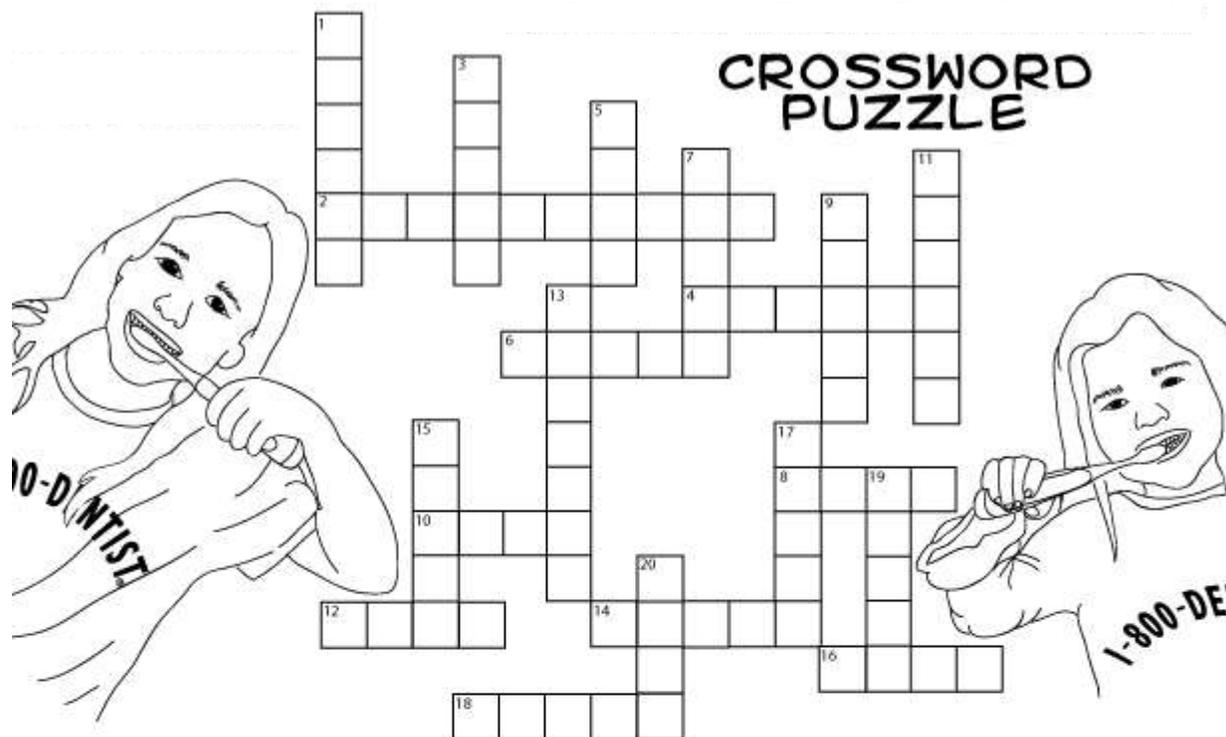
The Brook Bar & Bistro has come onboard as a Silver Sponsor for 2013. More information relating to this sponsorship is on Page 5 of this newsletter.

Don't forget that you can keep up to date with what is happening within the club by checking out our website or liking us on Facebook.

Web Site: www.ellenbrookhockey.org

Facebook: Ellenbrook Falcons Hockey Club www.facebook.com/ellenbrookfalcons

Kids Corner



Across

- 2 The ___ likes to leave a gift under your pillow when you lose a tooth.
- 4 Drinking milk will make your teeth ___.
- 6 You chew food with your ___.
- 8 Drinking ___ will give you strong bones and teeth.
- 10 Going to the dentist will make sure you have healthy teeth and ___.
- 12 Everyone should take good ___ of their teeth.
- 14 Crest and Colgate are types of tooth ___.
- 16 Teeth help you ___ your food.
- 18 Eating too much ___ is not good for your teeth.

Down

- 1 When a tooth has decay it is called a ___.
- 3 The dentist is a ___ doctor.
- 5 The ___ machine takes pictures of your teeth.
- 7 You need to ___ your teeth at least twice each day.
- 9 Use ___ to clean in-between your teeth.
- 11 You lick an icecream cone with your ___.
- 13 The doctor who checks your teeth is called a ___.
- 15 Candy has too much ___ which is bad for your teeth.
- 17 Taking care of your teeth will give you a beautiful ___.
- 19 Kids like to ___ and play outside.
- 20 These are the first teeth in your mouth which are called ___ teeth.

WORD BANK

SUGAR	DENTIST	BABY	TOOTH
TEETH	CARE	PASTE	CANDY
X-RAY	SMILE	LAUGH	TONGUE
CHEW	CAVITY	BRUSH	MILK
GUMS	TOOTHFAIRY	STRONG	FLOSS

ANGRY BIRDS STAR WARS

